For children in foster care, you can also ask the child's court-appointed attorney. You can also call your county mental health department directly. (Look in your phone book for the toll-free telephone number, or call the State mental health ombudsman.)

What if I don't get the services I want from my county mental health department?

You can file a grievance with the county mental health department if the county mental health department denies the EPSDT services requested by your doctor or provider. You may also file a grievance if you think you need mental health services and your provider or county mental health department does not agree. Call the county mental health department's toll free number to talk to a grievance coordinator for information and help. You may also call the county patient's rights advocate, or the State Mental Health Ombudsman Office.

You can ask for a State hearing at the same time. Call 1-800-952-5253, send a fax to 916-229-4110, or write to the Department of Social Services/State Hearings Division, P.O. Box 944243, Mail Station 19-37, Sacramento CA 94244-2430. You must ask for a hearing within 90 days after you learn that your request for services was denied. Protection & Advocacy, Inc. is also available to assist with complaints, appeals, and grievances.

Who can I call for more information?

For more information please contact the following offices at the telephone numbers below.

County Mental Health Department toll-free access number	Look in your local phone book
Department of Mental Health Ombudsman Office	1-800-896-4042
Child Health and Disability Prevention (CHDP) Program located in your county or city health department.	Look in your local phone book.
Protection & Advocacy, Inc.	1-800-776-5746 or www.pai-ca.org

Governor Gray Davis
Grantland Johnson, Secretary
Health and Human Services Agency
Diana Bonta', Director
Department of Health Services
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